## **4-H Poster Contest**

Help promote 4-H by making and entering the 4-H Poster Art Contest. You will turn your poster in at your 4-H meeting on \_\_\_\_\_\_.

#### Rules are as follows:

- ✓ Posters made by an individual youth (Grades 4-12).
- ✓ Posters must be HORIZONTAL only.
- ✓ Posters must be 14"x 22" (half a sheet of poster board).
- ✓ On the back of the poster include:

Your name, school, grade, teacher, address, and age.

- ✓ 4-H is to be the topic for the poster. It should have a short, catchy title or theme and artwork to illustrate your idea. Include at least one 4-H (clover) emblem.
- ✓ Well known cartoon figures cannot be used because they are copyrighted such as Marvel Super Heroes, Disney characters, Ninja Turtles, Lego characters, etc.
- ✓ 3D objects or materials (foam letters, stickers, etc.) cannot extend more than a nickel or 1/8" above the surface of the poster.
- ✓ DO NOT use glitter.

Entries not following the rules above are not eligible for the regional contest.

One poster from each classroom will be sent to the county contest. Three winners will be selected from the county posters to be entered in the regional contest.

# 4-H Photography Contest

Take your best snapshot and bring it to your 4-H meeting on \_\_\_\_\_.

#### Rules are as follows:

- ✓ Photos must be taken by you.
- ✓ You cannot be in the photo. NO SELFIES!!
- ✓ Photos should have been made within the last year or before the next 4-H meeting.
- ✓ Photos are NOT to be altered in any way after pressing the shutter button on the device used to take the photo.
- ✓ Any device may be used camera, phone, tablet, etc.
- ✓ Select a photo that shows some imagination! Be creative! Consider lighting, angles, position. Think about the subject while framing the image.

#### The categories are:

- ❖ Animal(s)
- People or Person
- ❖ Building(s)
- Landscape
- Plant(s)
- Object(s)

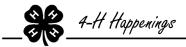
### Submitting the photo:

- ✓ Photos must be printed and no larger than 5x7. Standard 4x6 prints are ideal.
- ✓ Mount the photo on its own matte.
  - ✓ This can be cardstock, poster board, or anything with some substance to support the picture.
  - ✓ NO frames!
  - ✓ The matte should be between ½ inch and 1 inch in size around the photo.
- ✓ Add a short caption or title under your photo.
- ✓ Be sure to label the back of the mounted photo with:
  - ✓ Your name (first and last)
  - ✓ Your school and teacher
  - ✓ Category

You can submit only one photo.







## 4-H Honor Club

Where: Extension Office or field trips

Who: Grades 6-12

When: 3<sup>rd</sup> Monday, Nov. 27, Jan. 22, Feb. 12 6:00pm-7:00pm

The 4-H Honor Club is open to all 4-H members, even if we do not see you at an "in-school club meeting."

Honor Club is the first step in Tennessee's recognition program for outstanding 4-H members in grades 6-12. It is the starting point for 4-H'ers to have the opportunity to keep on advancing and get to the state level where they can compete, go to different events, network, scholarship opportunities, and have FUN! It all starts here! Become a member, then a 4-H All-Star, and work to receive the Vol State Award (the highest recognition award in 4-H!)

An application is required to be recognized as an official TN 4-H Honor Club member, however don't worry all you need to complete it is to be active and work on your citizenship and leadership involvement by attending meetings of this group.

## 4-H Service Project

Cards for Seniors

Purchase or make cards for seniors in our area nursing homes. You may sign the card but don't address it to anyone. Do NOT seal the card.

The cards can be for:

- Valentine's Day
- Easter
- Birthday
- Thinking of You
- Thank you for your service
- Other Holidays

Bring the cards to your Jan/Feb 4-H activity.



4-H Extension Agent: Elizabeth Hobbs 4-H Program Assistant: Debbie Long

511 West 2<sup>nd</sup> North St.; Courthouse Rm 204 Morristown, TN 37814; Phone: 423-586-6111

*UT Extension Office Open*Monday – Friday 8:00 a.m. – 4:30 p.m.
Closed from 12:00-12:30 p.m. for lunch

Email: edoan@utk.edu or 4h@hcboe.net

Facebook: @UTExtensionHamblenCounty

# 2024 Summer 4-H Camp

Every summer 4-H offers multiple day and overnight camps. More information will be available in the coming months.

Upcoming camps:

- ❖ Junior 4-H Camp (4<sup>th</sup>-6<sup>th</sup>) June 24-28, 2024
- ❖ Target Smart Camp (5<sup>th</sup>-9<sup>th</sup>) May 27-31, 2024
- ❖ Junior High Camp (6<sup>th</sup>-8<sup>th</sup>) July 8-12, 2024
- Creative Design Camp TBD
- Junior High Academic Conference June TBD
- Electric Camp June TBD

## 4-H Chick Chain



The 4-H Chick Chain is an opportunity to raise chicks/pullets from 3 days of age to full grown. This program requires youth to have a location that chicks/pullets can be kept and raised in. There are costs associated with purchasing, feeding and caring for the chicks/pullets (not limited to the costs listed). These costs are covered by the family participating.

Registration for the 4-H Chick Chain is due by January 12, 2024.

If you are interested in more information about the Chick Chain or to sign up please contact the 4-H office at 423-586-6111.

## **4-H Project Groups**



4-H'ers are encouraged to choose a project or projects and build their knowledge of the project subject material. They complete activities related to the project area, keep records of their activities, give written and oral demonstrations about their projects, and participate in judging and other contests involving their project.

We are always looking for volunteers that would like to lead project group meetings and provide learning opportunities for youth. If you have any questions or are interested please let us know!

To learn more about a project contact us or check out project activity sheets for ideas on things you can do in your favorite project area at

https://4h.tennessee.edu/what-interests-you/.



