

# Application to County Office

Deadline to Eastern Region with  
the online application is April 15,  
2026

Name:

Guardian Name:

Female OR Male:

Grade (Jan 2026):

County:

Mailing Address:

City, State, Zip:

Email:

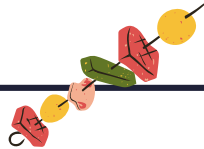
Phone:

Why do you want to be the next  
Junior Chef?

Dietary/Health needs:



**CONTACT  
YOUR  
COUNTY  
EXTENSION  
OFFICE TO  
REGISTER!**



Programs in agriculture and natural resources,  
4-H youth development, family and consumer sciences,  
and resource development.  
University of Tennessee Institute of Agriculture,  
U.S. Department of Agriculture and county governments cooperating.  
UT Extension provides equal opportunities in programs and employment.

EASTERN REGION  
**UT EXTENSION**  
INSTITUTE OF AGRICULTURE  
THE UNIVERSITY OF TENNESSEE



**EASTERN  
REGION**

**4-H**

**CULINARY  
CAMP**

**\$250**

**June 16-18, 2026**  
Carson Newman University, Jefferson City  
**6th-12th Grade**  
(must have completed 6th grade)

**TASTE OF  
Tennessee**



# TAILGATE

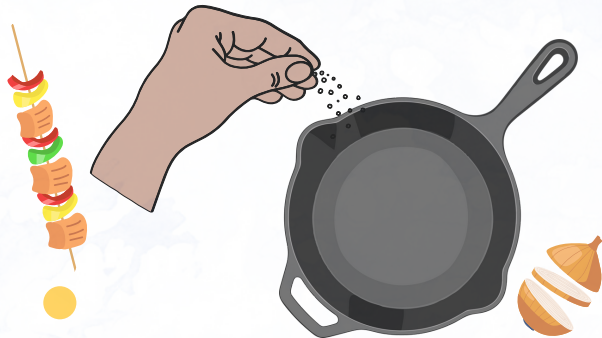
## Food Safety & Kitchen Safety

The basics of food safety and kitchen safety are essential! Junior chefs will build skills on their station cleanliness, cross contamination prevention as well as efficient workflow!



## Appalachian Cooking Skills

Learn the History, Technique and cast iron care and seasoning!



# STATIONS

Herbs & Spices



Cheese Tasting



Pick the Perfect TN Produce



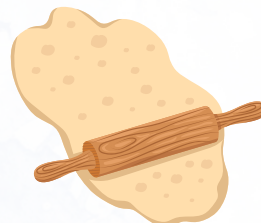
Food Science: Make your own dough



Baking



Measuring



# ACTIVITIES

## Offsite Adventure

Join us at the Pirates Voyage for an exciting dinner show!

# PIRATES VOYAGE™

FUN, FEAST & ADVENTURE

## Pool Time

Cool off, relax, and have fun with friends after a fun day in the Kitchen!



## Sweet Ending

End the camp week showcasing some of your baked goods and sweet treats!

